

## **BOOKLIST**

# **CPE/SHORT COURSES**

## **Compulsory Textbooks**

#### ALL SHORT COURSES LISTED IN ALPHABETICAL ORDER

NOTE: If a unit of study is not listed in this document, then there is no compulsory textbook for the unit

Some suggested sources for all textbooks unless otherwise stated:

➤ The Nile: https://www.thenile.com.au/

> Amazon AU: https://www.amazon.com.au/

> Try your local bookshop

## B...

#### **BACH FLOWER REMEDIES**

Bach, E. (2005). *The essential writings of Dr Bach: the twelve healers and heal thyself.* Random House.

And

Barnard, J. (1979). A Guide to the Bach Flower Remedies. C.W. Daniel, Essex, UK.

And

Weeks, N. (1973). The Medical Discoveries of Edward Bach. C.W. Daniel, Essex, UK.

Bach's *The Twelve Healers and Heal Thyself* can also be downloaded via the Bach Centre's free resources: <a href="https://www.bachcentre.com/en/education/books-and-reading-lists/free-downloads/">https://www.bachcentre.com/en/education/books-and-reading-lists/free-downloads/</a>

Nature Care College
Tel: +61 2 8423 8333
Website: <a href="https://www.naturecare.com.au">www.naturecare.com.au</a>
Email: <a href="mailto:info@naturecare.com.au">info@naturecare.com.au</a>

Page 1 of 6

#### **BOTANY**

Tan, E. (2013). Botany of the Flowering Plants (4th ed.). Eleanor Tan.

### **Available from the following source:**

Books@Stones: https://www.booksatstones.com.au/

## F...

### FOUNDATIONS OF HOMOEOPATHY A, B & C

1. Phatak, S.R. Materia Medica of Homeopathic Medicine. B Jain Publishers.

OR

Vermeulen F, 1997. Concordant Materia Medica. 2nd ed.

(OR any other homoeopathic Materia Medica if the previous are hard to find)

#### And

2. Schroyens F. Essential Synthesis. Ed 9.1 (earlier editions acceptable)

OR

Repertorium Homoeopathicum Syntheticum. 7<sup>th</sup> ed or later (these are becoming rarer)

For those who cannot access Synthesis in book style (or who would prefer a digital version) the Synthesis App can be accessed here: <a href="https://www.radaropus.com/products/apps/synthesis-app">https://www.radaropus.com/products/apps/synthesis-app</a>

### Some suggested sources:

- 1. Narayana Homeoepathy: <a href="http://www.narayana-verlag.com">http://www.narayana-verlag.com</a>
- **2. The Aurum Project:** <a href="https://aurumproject.org.au/store/">https://aurumproject.org.au/store/</a> (second hand copies depending on availability)

#### **FOOD AS MEDICINE**

Foods that harm foods that heal: An A-Z guide of what to eat and what to avoid for optimum health, c2013 or later, revised edition. Reader's Digest Australia Pty Ltd, Sydney.

## H...

### **HERBAL MANUFACTURING**

Tan, E & Adams, J. (2012). *Herbal Manufacturing: how to make medicines from plants* (2nd ed). Eleanor Tan.

### Available from the following source:

Books@Stones: https://www.booksatstones.com.au/

#### HERBAL MEDICINE A – MATERIA MEDICA

#### **Compulsory:**

Bartram, T. (1998 or reprints). Bartram's encyclopedia of herbal medicine. Little Brown, UK.

#### Highly recommended:

Griggs, B. (1997). *Green pharmacy: the history and evolution of western herbal medicine*, revised edition. Healing Arts Press, USA.

## **I...**

## IRIDOLOGY FUNDAMENTALS & IRIDOLOGY FOR CLINICAL PRACTICE (Textbook)

Conlon, L. (2017). Iridology: a beginner's guide. (Revised and expanded ed). Digi Image, Sydney.

### Only available from the following source:

Directly from your lecturer Lis Conlon via https://www.lisconlon.com/shop

### IRIDOLOGY FUNDAMENTALS & IRIDOLOGY FOR CLINICAL PRACTICE (Iridology Chart)

Jensen, B. (2004). Iridology Chart. California: Bernard Jensen International. (Revisions by Ellen Tart-Jensen)

#### Source:

- 1. Directly from your lecturer Lis Conlon via https://www.lisconlon.com/shop
- **2. Bernard Jensen International:** <a href="https://ellenjensen.com/product/iridology-chart-by-dr-jensen-8-5-x-11/">https://ellenjensen.com/product/iridology-chart-by-dr-jensen-8-5-x-11/</a>

## <u>IRIDOLOGY FUNDAMENTALS & IRIDOLOGY FOR CLINICAL PRACTICE</u> (Iriscope)

Iriscope - 10x Magnification

#### Sources:

- 1. Directly from your lecturer Lis Conlon via https://www.lisconlon.com/shop
- **3. Bernard Jensen International:** <a href="https://ellenjensen.com/product/magnifying-lens-with-light-10x-power/">https://ellenjensen.com/product/magnifying-lens-with-light-10x-power/</a>

CPE Short Courses 2025 Page 3 of 3